



TAKE YOUR STICK HANDLING TO THE NEXT LEVEL AND CHANGE YOUR GAME FOREVER. Specifically designed to help you move the puck faster and with greater accuracy. This new innovation in hockey training will elevate your game to the next level allowing you to train all year, on or off the ice.

Learn more about EZPuck at www.ezpuck.com for more information, drills, and videos.

DOUBLE EIGHT DRILL

Set the EZPucks in a triangular shape. See the diagram for movement of the puck or ball. The pattern is like two overlapping eights. This is a great warm up drill before practice or a game.

