



TAKE YOUR STICK HANDLING TO THE NEXT LEVEL AND CHANGE YOUR GAME FOREVER. Specifically designed to help you move the puck faster and with greater accuracy. This new innovation in hockey training will elevate your game to the next level allowing you to train all year, on or off the ice.

Learn more about EZPuck at www.ezpuck.com for more information, drills, and videos.

DOUBLE SWEEP DRILL

Place the red EZPuck in the first position with the arrow facing right. Next place one blue EZPuck directly after the the red EZPuck and offset the remaining blue EZPucks as shown. When stick handling through the EZPucks use a one handed sweep to go around the offset EZPucks.

