



TAKE YOUR STICK HANDLING TO THE NEXT LEVEL AND CHANGE YOUR GAME FOREVER. Specifically designed to help you move the puck faster and with greater accuracy. This new innovation in hockey training will elevate your game to the next level allowing you to train all year, on or off the ice.

Learn more about EZPuck at www.ezpuck.com for more information, drills, and videos.

FIVE OF DIAMONDS

Position blue EZPucks in a diamond shape. Place the red EZPuck in the center. Move the the puck or ball through the pattern as shown in the diagram.

